

Myofascial Mechanoreceptors Class

firstofnine.wordpress.com

Coming out of the latest fascial research, learn bodywork techniques to engage the four types of myofascial mechanoreceptors. Incorporate standing client positioning, low-table demonstrations, palpation in motion, pendulation and ideo-motion response into the dance of structurally integrative bodywork. Class will feature group bodywork activities plus hands-on time with live sound healing music.

Requirements: LMT or somatic practitioner. Bring light clothing suitable for stretching and movement. We will need a few LMT's to bring massage tables.



Early-registration, before Nov 20th: \$90 (\$120 after that).

To register, contact Hamid at 503-975-1259 or
hamidlmt@transcendingtouch.com

Sunday, November 27th, 2011

10:00 am - 4:00 pm

Bush Street Wellness Center

5336 SE Bush St., Portland, Oregon 97206

5 CEU's in Oregon

Facilitated by Hamid Shibata Bennett, LMT, CAMT (OBMT #301). Hamid is an advanced myofascial bodyworker, photographer, musician and rare-cancer survivor based out of Portland, Oregon. www.transcendingtouch.com

Registration Form

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Sunday, Nov 27th, 2011

Name: _____	Tel: _____
Address: _____ _____	E-mail: _____
	Send completed form and a check to: Hamid Shibata Bennett, LMT, CAMT 3810 SE Belmont ST, Portland OR 97214
Name as you'd like it to appear on your certificate of completion: _____	() Check here if you'd like to pay by credit card. A PayPal request for funds will be sent to you.